

## **CAGE Assessment for Alcohol Abuse**

**The CAGE is a 4- item, relatively non-confrontational questionnaire for detection of alcoholism. It takes less than 1 minute to administer, is easy to learn, remember and replicate.**

1. Have you felt the need to **Cut down** on your drinking?
2. Do you feel **Annoyed** by people complaining about your drinking?
3. Do you ever feel **Guilty** about your drinking?
4. Do you ever drink an **Eye-opener** in the morning to relieve shakes?

Two or more affirmative responses suggest that the client is a problem drinker.

Ewing JA. Detecting alcoholism: The CAGE questionnaire. JAMA: Journal of the American Medical Association 1984;252:1905-1907.